

QIN Isolation and Quarantine Guidelines 2022

Isolation -

All confirmed or suspected COVID-19 cases – positive viral or antigen test – regardless of symptoms.

- Isolation for 5-days for ages six and up. Any children ages five and under identified for official isolation will isolate for 10-days (day 0 is first day of symptoms or date of positive viral test for asymptomatic positives).

To be cleared from isolation

- After 5 or 10 day isolation, no longer symptomatic or significant improvement of symptoms, this is at the discretion of QIN monitoring.
- Ages six and up must wear a well-fitting mask at home and in public for additional 5 days.

Quarantine -

Quarantine is no longer required.

All direct contacts named in an investigation will be contacted and encouraged to test 5-days from their last contact and to wear a well-fitting mask, while in public, for 10-days after their last contact. Direct contacts will also be offered supplies of well-fitting surgical masks (20), hand sanitizer and cleaning supplies, to help them be successful in reducing the spread.

Optional quarantine

Optional quarantine will be offered to anyone who is symptomatic, high-risks and/or wants to reduce the potential spread of COVID-19. To optionally quarantine you must meet the below requirements:

- If you are 5 years or older and completed the primary series of vaccinations over five months ago, but have not received the recommended booster shot.
- If you received the single-dose Johnson & Johnson over two months ago and have not received the recommended booster shot.
- If you are not vaccinated.
- Symptomatic after contact, regardless of vaccine status and NOT been positive in last 21 days.

Required quarantine

- QIN Employees who meet the above minimum requirements for optional quarantine and work within the QIN Early Learning Baby Room, QIN Senior Program (and are in direct contact with elders) and/or the QIN Jail will be required to quarantine.

What is quarantine

- Quarantine for 5-days (day 0 through day 5) after your last contact with a confirmed positive case
- Complete a viral (PCR) test after 5-days
- For 10-days after your last contact with a positive, watch for fever, cough, shortness of breath and other COVID symptoms. If you develop symptoms after initial test, get tested again.

To be cleared from Quarantine

- After 5-day quarantine, have a negative viral (PCR) test.
- Continue to wear a well-fitting mask when around others in public for 10 days after your last contact with a positive.